

HAVANA HORSES



Jl. Sakinah Tegalwaton • Tengaran • Salatiaga 50775 • Central Java • Indonesia.
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www.havanahorses.co.id

Natural Horse Riding School

WHAT WE OFFER

- Pony rides: 10 minutes
- Lessons: 60 minutes
- Trail rides out: 1,5 to 3 hours
- Intensive courses natural horsemanship: 1 to 14 days
- Intensive course natural hoof care: 3 days
- Trekking holidays: 3 to 14 days
- Pony camp for children of 8 years and up: 3 days
- Boarding & training of your horse
- Excursions & fieldtrips for schools
- One-day workshop leadership training with horses

For today's prices please check our website www.havanahorses.co.id/prices

Havana Horses is run by horse trainers and instructors Havedz Nugroho and Anna van Rheeden. Havedz owns horses since he was 21 years old, and Anna has been riding since she was 8. Both have extensive experience in training horses & coaching people using natural horsemanship methods. Besides, Havedz is an adept in massage and acupressure with horses, and Anna is a mastery student of Straightness Training©, as well as a natural hoof care practitioner with over 10 years of experience.



THE NATURAL WAY

The closer we get to nature, to more healthy and happy our horses are. Our ponies and horses are of Indonesian breeds, crossed with thoroughbred. They are kept, fed and trained the natural way, without shoes, bits, or any means of force. Our horses live outside 24/7 in herds in spacious paddocks where they can munch continuously on grass and hay. That is why our healthy horses are calm, well-mannered and surefooted. Moreover, they are kind and patient teachers!

NATURAL HORSEMANSHIP

Natural horsemanship is a natural, and foremost practical, way to interact with horses, in which mutual understanding and respect are central. You learn how to interact with your horse using body language, forming a herd of two in which you take on the leading role. As you develop your leadership skills by doing ground-work and games at liberty, your horse is happy to become your equal partner!

NATURAL RIDING

Horse riding is based on an independent seat, good contact and balance, for which we often replace the saddle by a bareback pad. Our goal of horse riding is fitness training for both horse and rider, to move in a more balanced way. Not to disturb the horse in its movements, we ride our horses bitless, with soft reins and without the use of whip or spurs. This natural riding style is suitable for beginners as well as advanced and competitive riders.

LESSONS

Lessons start with greeting, haltering and leading your horse out of the field, ground-work and grooming. By this routine of bonding with your horse you both get the chance to get to know each other and develop mutual trust, before tacking up and mounting. We teach natural riding, classical dressage and jumping.



INTENSIVE COURSES

If you like to really deepen your knowledge and horsemanship skills you can follow an intensive course in natural horsemanship. For farriers and horse owners we offer a 3-day course natural hoof care. All courses are adapted to your skills and personal wishes.

TRAIL RIDES ON HORSEBACK

We organize trail rides through the green surroundings of the village Tegalwaton and further. Watch authentic village life from horseback; enjoy beautiful views of the mountain Merbabu and the volcano Merapi while buffaloes are working in the rice fields, feel the adrenaline of racing on the race track! Trail rides are adapted to your riding skills.

TREKKING HOLIDAYS

For experienced riders, we have awesome trekking programs! Per day we ride 4 tot 5 hours in the walk, trot, canter, and gallop through Central Java. We spend the night

in a cozy guest house in Boyolali. Horseback riders are secure and comfortable in all gaits. You are able to mount and dismount independently, and jump over unexpected ditches. Your non-horse riding family members can also join, on mountain bike! All participants must be physically and mentally fit.

PONY CAMP

Every 3 to 4 months a Pony Camp of 3 days is organized for all horse lovers of 8 years and above. Watch the announcements on on . We also organize pony camps on request, for groups of 6 to 8 children. A splendid idea for a birthday, or as an outbound activity for schools!

BOARDING & TRAINING

You can send your horse to Havana Horses for boarding and/or training on a month to month basis. Look at www.havanahorses.co.id/boardingandtraining for more information and an example of our boarding & training contract.



EXCURSIONS & FIELDTRIPS

Havana Horses welcomes schools for excursions and fieldtrips. The educational program will be adapted to your wishes. We have safe and trustworthy horses ready for the activities. Contact us for more information, current prices and bookings!

WORKSHOP LEADERSHIP TRAINING WITH HORSES

We designed this one-day workshop to give you an extraordinarily empowering and fun experience. You will not only experience the joy of being together with these magnificent animals, but you will realize how a relationship with a horse can help you better understand yourself, your relationships, and your work. There is no need to have any previous horse experience. For your company, student society, working team, circle of friends and family!

FACILITIES

- Riding arena 20 × 60 m
- Picadero 11,5 × 11,5 m
- Equine spa
- Tack room
- Paddocks with shelters
- Cross-country track
- Parking lot
- Veranda
- Havana Tack Shop

