

HAVANA HORSES



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Natural Horse School

Havana Horses is run by horse trainers and instructors Havedz Nugroho and Anna van Rheeden. Both have extensive experience in training horses & coaching people using Natural Horsemanship & Straightness Training. Besides, Havedz is an adept in massage and acupressure for horses, and Anna is certified Straightness Training© instructor, as well as certified barefoot trimmer with some 20 years of experience.

For our current pricelist visit
www.havanahorses.co.id/prices

WE OFFER

- Pony ride: 30 minutes.
- Lesson: 60 minutes.
- Trail ride: 1 to 3 hours.
- Intensive course natural horsemanship & straightness training: 1 to 14 days.
- Intensive course barefoot trimming: 3 days.
- Natural Horsemanship & Yoga Retreat: 2 to 14 days
- Pony camp for children of 8 years and up: 3 days.
- Birthday party with pony rides
- Boarding & training of your horse.
- Excursions & fieldtrips for schools.
- One-day workshop: leadership training with horses.



WWW.HAVANAHORSES.CO.ID



THE NATURAL WAY

We believe that imitating Nature is the key to success. Our ponies and horses – of Indonesian breeds, crossed with Thoroughbred – are kept, fed and trained the natural way; without irons, no bit, no side reins or spurs: without force. Our herd lives outside 24/7 in spacious paddocks where they can munch continuously on grass and hay. That is why our healthy horses are calm, well-mannered and surefooted.

NATURAL HORSEMANSHIP & STRAIGHTNESS TRAINING©

Natural Horsemanship is a natural and foremost practical way to interact with horses. Mutual understanding and respect are central. At Havana Horses you learn to interact with your horse using the language horses understand, by forming a herd of two in which you take on the leading role. As you develop your gentle and confident leadership skills by doing groundwork and liberty work, your horse



will be happy to become your equal partner.

We prepare the horse for riding with Straightness Training: a program of progressive exercises to strengthen the topline and the hind quarters of the horse. The combination of Natural Horsemanship and Straightness Training is the perfect way to improve the horse's balance in body and mind.

Our natural training and riding style is suitable for beginners as well as for advanced and competitive riders.

LESSON

Each lesson starts with greeting, haltering and leading your horse out of the field; grooming and groundwork. Through this routine of bonding with your horse you both get to know each other and develop a mutual trust, before tacking up and mounting. We teach groundwork, longeing, work-in-hand, liberty, and riding for all levels.



INTENSIVE COURSE

If you like to really deepen your knowledge and horsemanship skills you can take an intensive course in natural horsemanship & straightness training. Trail rides can also be included in the program.

For farriers, horse owners and grooms, we offer a 3-day course barefoot trimming. Courses are adapted to your skills and personal wishes.

TRAIL RIDE ON HORSEBACK

Enjoy the scenery of plantations and authentic Javanese village life. Before we take you out on the trail, you will get acquainted with our natural riding style first. Trail rides are for competent riders only.

NATURAL HORSEMANSHIP & YOGA RETREAT

Book an amazingly empowering Natural Horsemanship & Yoga Retreat of 2 to 14 days! In the mornings you will learn all

about natural horsemanship & straightness training to help the horse become more balanced in body and mind; in the afternoons you will work on your own balance in body and mind! A life-changing experience!

PONY CAMP

We offer a quarterly 3-day Pony Camp to children of 8 years and above. Watch for the announcements on . A Pony Camp is also available on request for groups of 6 to 10 children.

BIRTHDAY PARTY

Get together in Havana Horses Lodge to celebrate your child's birthday! All kids will take part in grooming and enjoy a pony ride too. A splendid idea!

BOARDING & TRAINING

You can send your horse to Havana Horses for boarding and training on a month-to-month basis. Within 4 months your horse's balance will improve



significantly - in body and mind! For more information, visit our website or contact us.

WORKSHOP LEADERSHIP TRAINING

Our one-day workshop, “Leadership Training with Horses”, offers participants an extraordinary empowering and fun experience. The interaction with these magnificent animals will give you insights on yourself as well as on your relationships with others. There is no need to have previous experience with horses. For your company, student society, working team, circle of friends and family!

For our current pricelist visit www.havanahorses.co.id/prices

FACILITIES

- Riding arena 20 x 60 m
- Picadero 11.5 x 11.5 m.
- Equine spa
- Tack room
- Paddocks with shelters
- Parking lot
- Havana Tack Shop
- Havana Horses Lodge: Eco villa with natural swimming pool.

